

## What is a Holistic Metaphysical (Energetic) Health Check?

We now come to a topic which clients show a tremendous amount of interest in. It is an area that is often asked about and ultimately put into action and which will be appreciated for many years by the individual.

It is the Holistic Metaphysical Health Check.

These checks have grown over the course of many years based on experience and were always expanded and further developed. Ultimately they became what they are now: **extensive, holistic and multi-layered metaphysical & energetic checks** in which all existing and stressful areas and aspects both inside and outside will be analyzed, reviewed, targeted and detailed.

Then we will look at and go through every single layer and every area (all of which will be discovered quickly in each individual case).

The main issue for the client is:

- a) On one side that all of the *stresses* and *causes* are determined.
- b) On the other hand that on the basis of the analysis the *solutions* and the *concrete ways* are shown also immediately, how one can get the existing problem into the grasp, repair or eliminate it.

What exactly a Metaphysical Health Check is and how the different and multi-layered aspects come together, how these aspects influence and affect one another can be best described and explained in the following examples.

We will examine 3 different types of Metaphysical Checks:

- 1) The first Checks are performed with regards to **people**
- 2) The next Checks are performed with regards to a **companies, businesses or buildings**
- 3) The final Checks are performed with regards to household **pets and animals**.

I will explain these three different types of Energetic Checks using easy and understandable examples so that it is easy to see and recognize the great potential and enormous possibilities that these extensive checks can offer.